

10 Minute Workout #1

Pentatonic Sixes

Music by Jon Bjork

Standard tuning

♩ = 120

A Minor Pentatonic. 2 minutes

E-Gt

1

4/4

5-8 5-7 5-7 5-7 5-7 5-7 5-8 5-7 5-8 5-8

6

2

10-8 10-8 9-7 10-8 9-7 10-7 9-7 10-7 10-7 10-8

6

3

8-10 7-10 7-10 7-10 7-9 7-10 7-9 8-10 7-9 8-10 8-10

6

4

12-10 13-10 12-9 13-10 12-9 12-10 12-9 12-10 12-10 12-10

6

5

10-12 10-12 10-12 10-12 9-12 10-12 9-12 10-13 9-12 10-13 10-12

6

6

15-12 15-13 14-12 15-13 14-12 14-12 14-12 15-12 14-12 15-12 15-12

6

7

12-15 12-15 12-14 12-15 12-14 12-14 12-14 13-15 12-14 13-15 12-15

6

8

TAB

17-15 17-15 17-14 17-15 17-14 17-14 17-14 17-15 17-14 17-15 17-15

6 6 6 6

2 minutes

9

TAB

15-17 15-17 14-17 15-17 14-17 14-17 14-17 15-17 14-17 15-17 15-17

6 6 6 6

10

TAB

20-17 20-17 19-17 20-17 19-17 19-17 19-17 19-17 19-17 19-17 20-17

6 6 6 6