



TUTORIAL SUMMARY & SUBMISSION INFO

The document is to provide you with all you need to know to submit your tutorial and bonus content activities for CMTE/CPD credit. If you wish you may submit this document with your bonus content activities.

Tutorial outline

Overview

1. Introduction, overview and learning outcomes
2. What is the Circle of Security program?
3. Key concepts: The Circle
4. Key concepts: The mean/weak/gone balance
5. Key concepts: Being with
6. Key concepts: Shark music
7. Key concepts: Rupture and repair
8. Case examples
9. Setting goals and planning your music therapy sessions
10. Summary, Bonus Content & Extra resources

Learning Objectives

1. Gain an understanding of the Circle of Security program
2. Gain an understanding of the key concepts of CoS - Mean/Weak/Gone balance, shark music, 'being with', rupture/repair and disruptions on the circle (cues/miscues)
3. Learn how to observe and assess parent-child interaction using the CoS framework
4. Learn how to set goals and plan music therapy sessions to promote positive parent/child interaction and secure attachment
5. Reflect on how to incorporate CoS into your own clinical work and in everyday life

Tutorial Summary

This tutorial is an introduction to the Circle of Security (CoS) parenting program. While this tutorial is not training you to teach the CoS program, it is a detailed description of how we can use the Circle framework to promote attachment and positive interactions between parents and children in our work. Aimed at parents who wish to be emotionally available to their child the CoS program has much to offer music therapists working with families. In this tutorial a detailed overview of the CoS framework is provided, followed by a discussion of the key concepts and how they are enacted within the Circle. Case examples are provided so that you clearly see where there are disruptions to the parent/child relationship and how they can be addressed within a music therapy program. Dr Stewart also explains how you can use CoS to assess parent/child interaction and also how to adapt music therapy interventions to address any issues. The tutorial finishes with a summary, discussion of the bonus content options (to deepen and extend your understanding of CoS) as well as extra resources if you wish to take this learning further.

Submission for CMTE/CPD Credit

On completion of your online tutorial you will automatically receive a certificate of completion to verify you have completed your tutorial. You can submit this to your CBMT/CPD organization as a professional development activity. For MT-BC's in the US and Canada you can submit your certificate in the 'Other continuing education opportunities' category.

Bonus Content Activities

SONGWRITING TASK

Write a song to address a need from an aspect of the Circle. You will also need to complete a rationale and description of your song for submission for extra CPD/CMTE credit. Check your local CBMT/CPD guidelines for how long your song needs to be and many words may be required. Once you have finished your song and rationale then you can send it (and a sound recording) to jacinta@musictherapyonline.org for verification. Once your submission has been verified you will be emailed a certificate of completion for the Songwriting task for 1 CMTE/CPD credit.

INFORMAL COS ASSESSMENT

If you have completed the informal CoS assessment as a bonus content activity then you can forward your completed assessment form to jacinta@musictherapyonline.org to receive your completion certificate. Please use the Informal CoS Assessment form provided with the tutorial. You will then be emailed a certificate of completion for 1 CMTE/CPD credit.

SUPERVISION

If you have completed 1:1 supervision as a bonus content activity then you may ask Dr Stewart to provide you with written confirmation of your session/s. You may then submit this directly to your local CPD/CMTE organisation according to your local CBMT/CPD guidelines.

CBMT Domains

For music therapists from the US & Canada this tutorial can be submitted in the 'Other continuing education opportunities' category and covers the following CBMT Board Certified Domains:

I REFERRAL, ASSESSMENT AND TREATMENT PLANNING

B Assessment: 1. 2. 3c, d, f. 4a, b, e, g, h, i, j, k, l. 5. 7. 8. 12.

C Interpret assessment information and communicate results: 3. 5.

D Treatment Planning and termination: 6a, b, c, d, e. 16.

II TREATMENT IMPLEMENTATION AND TERMINATION

A Implementation 2d, g, k, w, ac, ag, aq, av, ax, az, ba, bb. 5n, r, s, t, x, aa, ab.

III ONGOING DOCUMENTATION AND EVALUATION OF TREATMENT

A Documentation: 1. 2. 3. 7.

B Evaluation: 1. 9.

IV PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES

A Professional Development: 3.

B Professional Responsibilities: 10. 14.

THANK YOU!

Thanks very much for purchasing a music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta