

Coaching Level System

The coaching level system aligns with the student belt structure, enabling coaches to progress based on experience, skill, and knowledge. Coaches will receive ongoing evaluations and can advance in their coaching level by meeting set standards and training with Head Coach Jeff Robison at Focused Fight Team HQ.

Coaching Levels:

Apprentice Coach: Minimum Time Requirement 6-9 months

- Ranks: White, Gold, Orange
- Focus: Assisting primary coaches, learning class structure, and guiding beginners through foundational techniques.

Assistant Coach: Minimum Time Requirement 9-12 months

- Ranks: Green, Blue, Purple
- Focus: Leading sections of class, supporting student evaluations, and guiding intermediate students through more technical drills and combinations.

Coach: Minimum Time Requirements 12 months

- Ranks: Brown, Red
- Focus: Leading full classes, performing detailed student evaluations, and helping advanced students prepare for promotion to higher ranks.

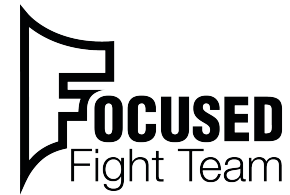
Head Coach: Minimum Time Requirements 12 months

- Rank: Black
- Focus: Overseeing all levels of student and coach development, testing and promoting coaches, and mentoring coaches in program structure and advanced Muay Thai strategy.

Each coaching level equips coaches with new skills and responsibilities, empowering them to take on more leadership within the gym as they grow in experience and knowledge. By following these guidelines, coaches will be well-prepared to build a successful Muay Thai Kickboxing program within their gyms, foster student growth, and achieve professional development through a clear and structured path in the Focused Fight Team organization.

Rank Promotion Procedures

Focused Fight Team maintains high standards for rank promotion, emphasizing the importance of in-person evaluations to ensure quality and consistency in student progression. These procedures outline the steps for promoting students through each belt rank.



1. **In-Person Testing:** Ideally, students will test in person with Head Coach Jeff Robison, either at your gym location through a hosted seminar or at Focused Fight Team Headquarters in Cincinnati. This hands-on approach provides a comprehensive evaluation of each student's skills and readiness for the next rank.
2. **Online Testing:** To help get you started, only the **Apprentice Coach Level** is available for online testing. This allows beginner-level students and new coaches to receive guidance remotely while maintaining the high standards of in-person evaluation for all higher ranks.
3. **Head Coach Evaluation:** During rank testing, Coach Jeff Robison offers invaluable feedback and guidance to students, focusing on technical improvement and overall development. For in-person tests, students also have the opportunity to roll with an experienced black belt, providing a practical learning experience and insight into the advanced skill level.

This rank promotion process ensures that all students progress with a solid foundation in Muay Thai Kickboxing and receive meaningful, high-quality evaluations as they advance. By adhering to these standards, coaches can maintain consistency across the Focused Fight Team organization, upholding the integrity and value of each rank.