

# Paint *Beautiful* Hair in Your Acrylic Portrait

## SUPPLIES LIST

Most of these supplies you can purchase at an art and hobby store, or online (DickBlick, NovaColor)

**PAINTS:** (4 oz of each, minimum)

Ivory Black | Raw Umber Dark \*(can use Raw Umber mixed with ivory black if necessary)

Burnt Umber | Burnt Sienna\* | Raw Sienna\* | Yellow Ochre

Ultramarine Blue\* | Phthalo Blue (optional)

Alizarine Crimson\* | Organic Red Orange\* | Indian Yellow\* | Titanium White\*



**Matte Medium**--clear mixing and glazing medium (Liquitex or Novacolor--DO NOT USE GEL MEDIUM, GLAZING MEDIUM, ETC . Matte medium dries to a flat finish. (1 pint)

**Gesso**--To prime the canvas if necessary, and fade your grid markings.

Colors marked with \* are essential. Colors are listed in the order that

I arrange them on the palette. But I don't use every color; it all depends on the painting.

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I purchase my paint from Novacolorpaint.com, where it costs about 1/3 of what you pay at the store, but it is just as good. DON'T use craft or student-grade paint! Because of the poor quality, you won't be pleased with the results. The colors fade, and it is more difficult to work with. If you are purchasing at the art store, I recommend: Liquitex, Windsor&Newton, or Golden.

### **BRUSHES:**

Synthetic bristle only--white nylon or golden taklon

Flats—1", 3/4," 1/2" 1/4" | Rounds--8, 4, 2, 0 | *Brands:* I like Princeton for my "good brushes" but I most often use inexpensive multi-pack "beater" brushes like Artist's Loft or Loew-Cornell.

You can purchase a medium quality set of brushes at any art store that give you a wide assortment. Also, you can purchase more brushes (in between the listed sizes) than what I've suggested.

**DO NOT choose china bristle brushes for acrylic paint--only synthetic!**

### **CANVAS:**

16" x 20" Pre-stretched Fredrix or comparable brand. You can buy a 2-pack of them at Michael's and most likely at other arts and crafts stores very inexpensively.

### **PALETTE:**

I use a wooded palette that I cover with aluminum foil. Once the foil is too covered with paint to mix properly, I discard it and cover again. You can recycle the soiled aluminum foil. You can use whatever palette system works for you. This is just my recommendation based on my own personal preference and experience.

**ALUMINUM FOIL:** Reynolds or any household aluminum foil. Heavy-duty works best.

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### **SPRAY BOTTLE:**

To keep the acrylic paint wet during painting sessions. An old hair spray bottle works fine. Rinse well and fill with water.

### **BRUSH RINSING CONTAINER**

Any large plastic container filled with plenty of water will work well to rinse your brushes during painting sessions.

### **COTTON TOWEL.**

Place next to rinsing container to wipe excess paint off of brushes during use. The texture of the towel will help pull the paint off .

### **EASEL**

You can purchase a small inexpensive tabletop easel at your local art store to make sure you have your canvas at an angle. Don't paint flat on a table. It throws off your perspective.

### **PHOTO or TABLET:**

You will need to print out the reference photo or a tablet to display it next to your painting. Set it up so that it is as close as possible to the canvas. To build your own reference holder, take my FREE online course:

<http://courses.realisticacrylic.com/p/make-your-own-reference-photo-holder>

### **PENCILS:**

Light grey colored pencil (Prismacolor or something similar)

Brown colored pencil (Terra cotta, sepia or burnt ochre)

Large soft white eraser



# My

# Palette

[RealisticAcrylic.com](http://RealisticAcrylic.com)

