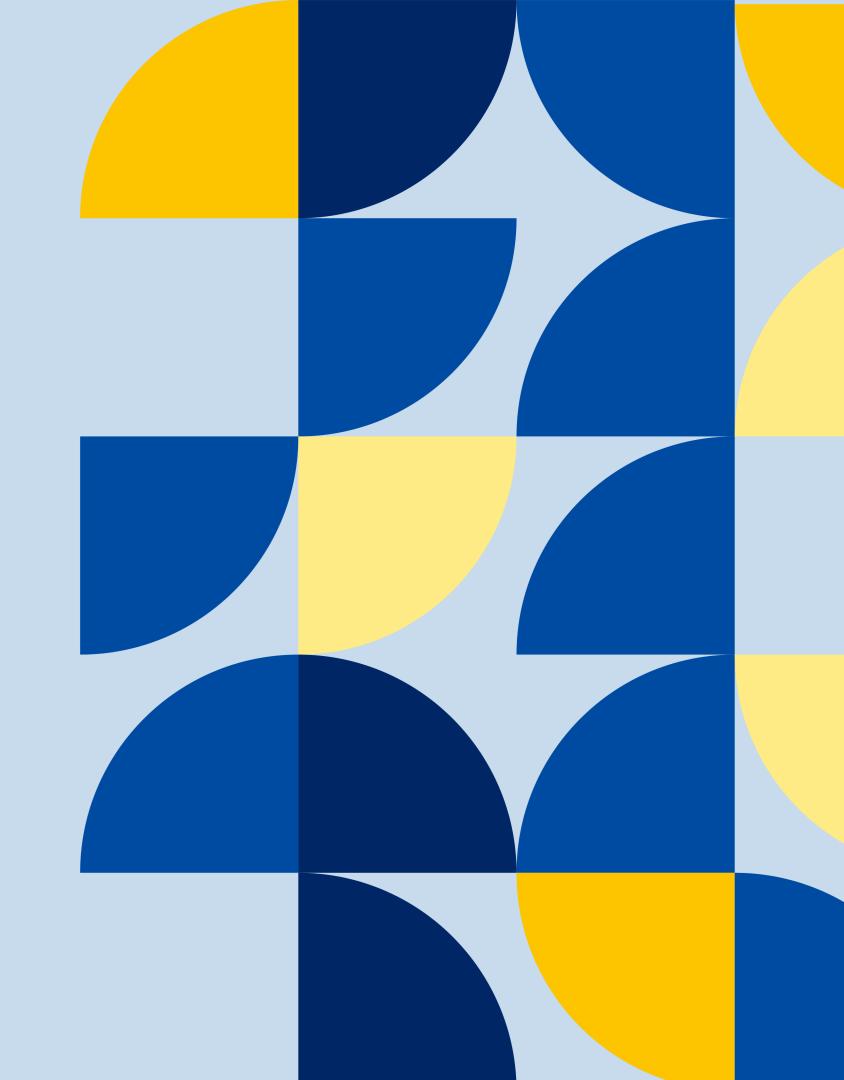
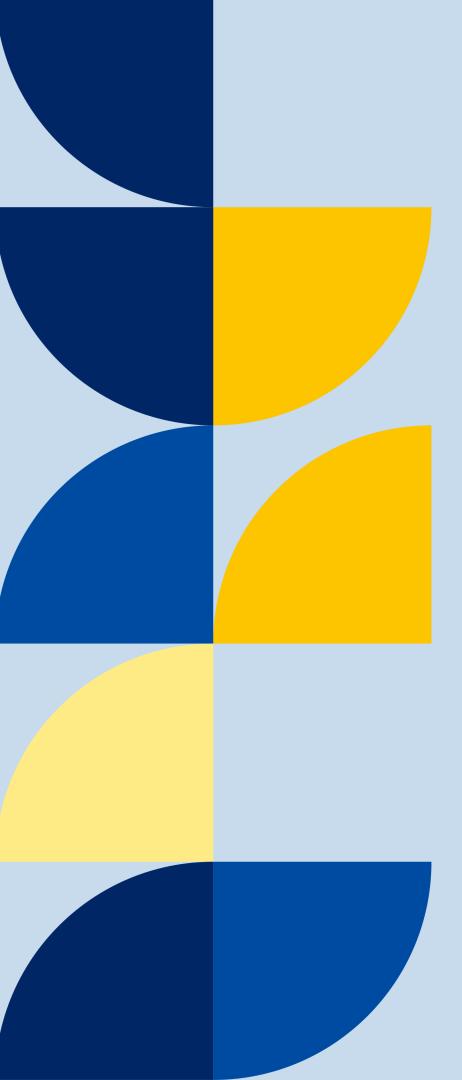
## NETWORKING FOR STUDENTS

Lesson 1: Networking & Why You Need It







### LESSON CONTENTS

- O1 What is networking?
- 02 Why start now?
- O3 How will this course help you?

# WHAT IS NETWORKING?

- Making new connections & relationships
- Grow any area: friends, colleagues, clients, etc.
- Can happen at structured networking events
- Can also happen organically in places you already go



# WHAT IS NETWORKING?

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What area in your life would benefit from networking?



# HOW CAN NETWORKING HELP YOU?

The people you meet at university may be able to support in a number of ways:

## Campus Opportunities

- Internships
- Clubs
- Training
- Supports
- Jobs

#### Share Experiences

- Work terms
- Professors
- Courses
- Funding

## **Career Exploration**

- Ask questions
- Learn details
- Industry connections

#### Future Colleagues

- Coworkers
- Friends
- Referrals

#### Support

- Mentorship
- Referrals
- Encourage ment



### WHY START NOW?

"It's who you know!"

Always be one call away from the connection you need.

# WHY TAKE THIS COURSE?

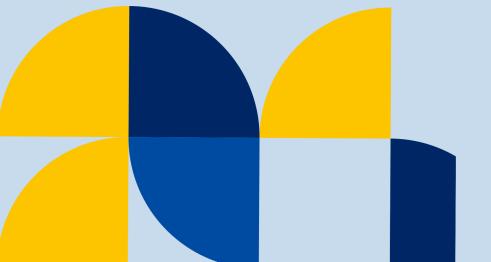
- Feel confident when networking
- Understand who to network with and where to meet them
- Prepare to talk about yourself with confidence and ease





# WHAT'S IN THE COURSE:

- Four lessons
- Video (variable speed),
   written transcript, PDF of slides
- Taught by professionals



### CONTENTS:

Lesson 1: Networking & Why you need it

Lesson 2: Who Should You Network With? Where and How?

Lesson 3: So you've made your connections... Now what?

Lesson 4: Frequently asked questions



### READY TO BEGIN?

If you're ready to start networking, head to the next lesson now!

If you have questions, please reach out to Colleen:

email@chooseyouruni.ca

Or ask them in the comments below.

