

Guitar Gym Warmups

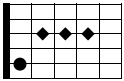
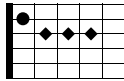
Classical Guitar Left Hand Exercise

Music by Jon Bjork

Standard tuning

$\text{♩} = 80$

Diamond Shape Notes Rests On The String



Frets represent fingers. The timing is "wrong" here, the only note moving is the non-diamond note.

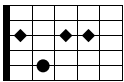
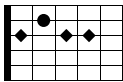
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1

2

TAB 4/4

1 2 3 4 1 2 3 4

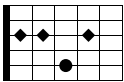
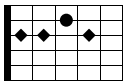


3

4

TAB

1 2 3 4 1 2 3 4

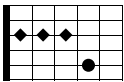
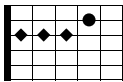


5

6

TAB

1 2 3 4 1 2 3 4

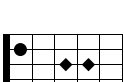
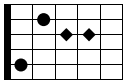


7

8

TAB

1 2 3 4 1 2 3 4

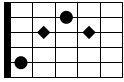


9 The two fingers are played at the same time.

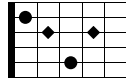
10

TAB

2 3 4 1 2 3 4

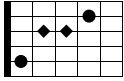


11

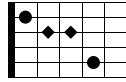


12

TAB notation for frets 11 and 12. The staff shows fret numbers 1, 2, 3, 4 for both frets. The 11th fret sequence is 1-2-3-4. The 12th fret sequence is 1-2-3-4.

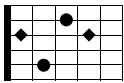


13

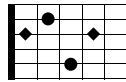


14

TAB notation for frets 13 and 14. The staff shows fret numbers 1, 2, 3, 4 for both frets. The 13th fret sequence is 1-2-3-4. The 14th fret sequence is 1-2-3-4.

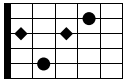


15

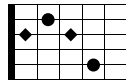


16

TAB notation for frets 15 and 16. The staff shows fret numbers 1, 2, 3, 4 for both frets. The 15th fret sequence is 1-2-3-4. The 16th fret sequence is 1-2-3-4.

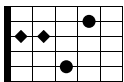


17

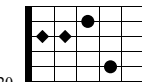


18

TAB notation for frets 17 and 18. The staff shows fret numbers 1, 2, 3, 4 for both frets. The 17th fret sequence is 1-2-3-4. The 18th fret sequence is 1-2-3-4.



19



20

TAB notation for frets 19 and 20. The staff shows fret numbers 1, 2, 3, 4 for both frets. The 19th fret sequence is 1-2-3-4. The 20th fret sequence is 1-2-3-4. The notation ends with a double bar line.