LESSON 1

I watched the intro video and know what to expect from this lesson.
I downloaded the course roadmap.
I've looked at my calendar and have blocked off an hour each week of the course to implement what I learn.
I have accessed the CDR calendar and know what's happening and when
I've joined the Facebook community.
I know how to access the course content and where to ask questions if I feel stuck.
I've identified my struggles and my why behind taking CDR