

Hot Mess to Home Success

Index

Note: Lessons and modules should be taken in order, even if you feel you need help quickly in a specific area. The secret to success in this course is the order in which things are taught to you, so you can make time in your schedule, learn the foundation, and build new skills as you go.

Trust me on this? I don't get to win unless you do. :)

Welcome:

I show you exactly what your results in this course will be and how I know that. In short, you'll have guilt free time to read in the hammock every single night and you'll be able to spend money on the things that you want, while still paying off your debt without feeling guilty. Because your home will run smoothly and your budget will be taken care of in the background.

Module 1: Automation

In this module, We automate as much as possible to clear time in your schedule so you have time to breathe (and work on this course!).

Lesson 1: You Can't Do it All

Goal: Determine if you want to focus on your career or home long term. Learn about the expectations of balancing both so you know that this overwhelm is temporary.

Lesson 2: Create a Stockroom

Goal: Get a home stockroom set up, complete with inventory and unit prices to save significant time and money.

Lesson 3: Automate Your Groceries

Goal: Find and compare local options for grocery pick up or delivery to save significant time and money.

Lesson 4: Automate Your Errands

Goal: Plan ahead and reduce the number of errands you run every week to save time and money.

Lesson 5: Create a Stop Doing List

Goal: Discover what sucks up your time and eliminate it to save time and reduce stress.

Lesson 6: Replacing Hobbies

Goal: Figure out what you do in your spare time (i.e. your hobbies) and discover cheaper hobbies that you love as much or find a way to position your hobby in a way that can make you money from it.

Lesson 7: Ditch Your Stuff

Goal: Begin a routine to declutter your home for 15 minutes a day.

Module 2: Foundation

In this module, you learn the three foundational routines that support the more complicated routines (like meal planning, budgeting, and cleaning).

Lesson 8: Schedule Book Secrets

Goal: Set up and use a planner consistently so you can plan ahead to save time and money.

Lesson 9: Setting Up Your Dishes Routine

Goal: Establish a dishes routine to stay on top of an endless chore and support your efforts to cook at home and save money.

Lesson 10: Setting Up Your Laundry Routine

Goal: Set up and consistently stick to a laundry routine to reduce stress and save time and money.

Module 3: Meal Planning

In this module, you master how to save money, time, and stress by planning your meals ahead in a way that supports your hectic life and budget.

Lesson 11: Create a Super Simple Meals Cheat Sheet

Goal: Have an cheatsheet for each quick meal type so you can quickly plan meals that your family likes for the week saving both time and money.

Lesson 12: Create a Simplified Meal Plan

Goal: Create a realistic meal plan that you can actually stick to because it takes your family's hectic lifestyle into account.

Lesson 13: Create Your Shopping List

Goal: Learn how to create a complete list of everything you need for the week (not just recipes), while still staying under budget.

Lesson 14: Create an Inspiration Binder

Goal: Create one spot for all of your favorite recipes from Pinterest, cookbooks, magazines and even simple meals that don't need traditional recipes. You'll also preplan a few simple meals to entertain (like Thanksgiving or a dinner party).

Module 4: Budgeting

In this module, you discover how to set up a budget with clear, step by step instructions and you incentivize your savings so you actually stick to it (even if you've never been able to stick to it before!)

Lesson 15: Figure out where you are now

Goal: determine your current net worth, your personalized categories and how much you're currently spending in each category.

Lesson 16: Goal Setting

Goal: Figure out what you really want (more than paying off debt) and create small, medium, and large goals with your partner so that you ramp up your savings and start snowballing your goals.

Lesson 17: Getting Started

Goal: Set up your budget and start tracking it so that you always know exactly what to do next to manage your money. Learn how to incentivize savings so you actually get the results that you're looking for.

Lesson 18: Substitutions without Sacrifice

Goal: Find substitutions that you like as much or more than you're paying now to save a ton of money.

Module 5: Cleaning

In this module, you'll find out which chores actually matter, and you'll learn how to incentivize housework in the same way you incentivized yourself to finally save money.

Lesson 19: Which Chores Matter?

Goal: Figure out which chores actually affect your everyday life and which ones you can stop doing without noticing to reduce stress and save time.

Lesson 20: Simplified Cleaning System

Goal: Have a simplified, easy to understand cleaning system that takes less than 30 minutes a day to do so you can relax at home rather than constantly trying to catch up.

Lesson 21: Putting it All Together

Goal: Master your routines and create your personalized whole life system that works uniquely for your family and your life.