

Day 4 Documentation. Date – 7/05/2021 Time – 7.30 PM

11 Powerful Laws of Your Subconscious Mind

BSR Sir started the session with a small celebration. BSR Sir asked a few questions before getting to the point. BSR Sir shared that no one gets challenges than he/she can handle. You get challenges as per your capabilities.

Convert your problems into challenges. When you convert your problems and treat it like a challenge it fuels your inner power to face it. BSR Sir shared some personal problems he overcame in his life to achieve. Problems will scare you till the time you treat them as a problem, the moment you take it as a challenge, you will scare it. BSR Sir shared that he is on a mission to make India think rich. A rich individual maintains a balance in all aspects of his life.

BSR Sir shared an example of 3 brothers who got into a fight at the time of final rites of their father. It is difficult to change the world and the people around us but he will never give it. BSR Sir shared some feedbacks from the participants of, “The Magic Of Thinking Rich”. BSR Sir also applauded his team handling Whatsapp groups.

BSR Sir shared the example of a girl who participated a session conducted by BSR Sir on International Women’s day. She had planned to attempt a suicide that day, but instead her sister brought her along to attend the program, after attending the 3 hr program, her attitude towards life changed and she chose life and faced the challenges and overcome them to build her life as desired.

BSR Sir shared the example of a balloon seller and how he used to increase his sales and how this story is connected to subconscious mind. BSR Sir also shared another story of a farmer who was living a very happy life but what forced him to commit a suicide. BSR Sir shared that the power to make everything possible is within you, you just haven’t discovered it. Everything is in your mind; it can help you achieve everything.

Antivirus for your Mind – Negative thoughts act like a virus that breaks you, demotivates you and the antivirus to remove it is –

“How Wonderful” and “Cut Cut Cut”. These statements act like an antivirus for all the negative thoughts in your mind.

BSR Sir shared a story of a man who purchased a new car. This story is relevant to the concept of 10% action and 90% reaction and how it adversely impacts our lives, also shared the other situation where the reaction would have been different.

We always look at our emotional point of view and always consider ones problem as the most impacting, whereas there are bigger problems in many people’s lives. It is all because of the mentality and the view we keep towards problems.

BSR Sir also shared how people also have a problem with his noble act of conducting this free workshop as a service to the society and the nation but how he is undeterred by the dubious acts of

such people. BSR Sir is determined to serve his fellow countrymen no matter what challenges he has to face for this noble cause.

11 Powerful Laws of Your Subconscious Mind – BSR Sir explained each law in detail.

- 1) Doesn't Understand The Difference Between Imagination & Reality – Imagine and live that imagination to achieve it in reality. What your mind can imagine, you can receive it in reality. BSR Sir shared the example of Walt Disney. Use the immense power of imagination to achieve things in reality, but ensure that you focus only on what you want to achieve and not on unnecessary negative thoughts because it is well said, “Energy flows where attention goes”. You will be able to use the power of Universe only when you are in sync with the Universe.**
- 2) Subconscious Mind Does Not Understand Languages, It Only Understands Pictures –**
- 3) Subconscious Does Not Understand The Difference Between Past, Present, Future, Day Night, Man Woman.**
- 4) Subconscious Mind Is Always Active And Never Sleeps.**
- 5) Subconscious Mind Is Lazy**
- 6) It Takes The Command As It Is and Doesn't Have The Mechanism To Distinguish Between Right & Wrong.**
- 7) It Is Like A Stubborn Kid**
- 8) It Is So Powerful That It Can Make You Achieve Anything.**
- 9) You Can Always Program & Reprogram It**
- 10) It's A Connection Making Machine.**
- 11) It Is The One Who Punishes You & Rewards You.**

BSR Sir shared that these laws of subconscious mind will be explained in detail in the upcoming sessions.