

name

Personal Profile

Insert picture



Personal Development Made Easy

A 5 Step Approach to Continuous
Personal and Professional Development

INSPIRATION : EDUCATION : TRANSFORMATION

www.sportstories247.com

My Purpose

(My Why? Or the trace I would like to leave is?)

My Past

(What has made me the person I am today?)

My Strengths...

My Values...

My Personality...

My Biases...

Three words that people close to me would describe me as...

1

2

3

An animal you would describe yourself as/like...?

An animal a friend or colleague would describe you as/like...?

Insert picture here

Insert picture here

How come...?

How come...?

I am at my best when...?

I am not at my best when...?

The Leader I would describe myself as is....

A large, empty rectangular box with a thin black border, intended for the user to write their response to the prompt above.

The Coach I would describe myself as is...

**Three quotes I really like and reflect who I am and what I do are...
(insert pictures)**

1

2

3

**At the end of my career or life I
would like to be described as..**

**At the end of my career or life I
would like to be know for...**

My Personal Moto is...

