## Write a Reflective Poem

## the form

Reflective poetry is a type of poetry that focuses on the poet's feelings, thoughts, and emotions. It often explores personal experiences and memories.

#### brainstorm

Think about memories that stick out to you. Jot down several, and then circle the one you would like to write about.

# reflection time

Describe your memory:

Where are you?

Who are you with?

What can you see, hear, smell, taste, touch?

How does this memory make you feel?

# Write a Reflective Poem continued

Pick three details from your memory that stand out. Write a line about each.

### the details

Sensory

1.
2.
3.
Emotions Write two lines about how this memory makes you feel. l. 2. A Moment in Time
Write a line that captures the overall essence of this memory. What makes it special to you?
put it together Write your reflective poem.