2024 NOVEMBER #NV10KDAY

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|--|------------------|------------------|------------------|------------------|------------------|
| FREE & FREE | prize night entered for a GRAND PRIZE of a walking pad or \$350 to Target! | | | | l 10k steps | 2 10k steps |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10k steps | 10k steps | 10k steps | 10k steps | 10k steps | 10k steps | 10k steps |
| 10 | 10k steps | 12 | 13 | 14 | 15 | 16 |
| 10k steps | | 10k steps | 10k steps | 10k steps | 10k steps | 10k steps |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 10k steps | 10k steps | 10k steps | 10k steps | 10k steps | 10k steps | 10k steps |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 10k steps | 10k steps | 10k steps | 10k steps | 10k steps | 10k steps | 10k steps |