

Feelings List

AFFECTIONATE	ENGAGED	PEACEFUL	EXHILARATED	EXCITED
compassionate	absorbed	calm	blissful	amazed
friendly	alert	clear-headed	ecstatic	animated
loving	curious	comfortable	elated	ardent
open-hearted	engrossed	centered	enthralled	aroused
sympathetic	enchanted	content	exuberant	astonished
tender	entranced	equanimous	radiant	dazzled
warm	fascinated	fulfilled	rapturous	eager
HOPEFUL	interested	mellow	thrilled	energetic
expectant	intrigued	quiet	EXHILARATED	enthusiastic
encouraged	involved	relaxed	blissful	giddy
optimistic	spellbound	relieved	ecstatic	invigorated
CONFIDENT	stimulated	satisfied	elated	lively
empowered	GRATEFUL	serene	enthralled	passionate
open	appreciative	still	exuberant	surprised
proud	moved	tranquil	radiant	vibrant
safe	thankful	tickled	rapturous	REFRESHED
secure	touched	JOYFUL	thrilled	enlivened
	INSPIRED	amused		rejuvenated
	amazed	delighted		renewed
	awed	glad		rested
	wonder	happy		restored
		jubilant		revived
		pleased		

Feelings List

AFRAID	ANNOYED	ANGRY	CONFUSED	DISCONNECTED
apprehensive	aggravated	enraged	ambivalent	alienated
dread	dismayed	furious	baffled	aloof
foreboding	disgruntled	incensed	bewildered	apathetic
frightened	displeased	indignant	dazed	bored
mistrustful	exasperated	irate	hesitant	cold
panicked	frustrated	livid	lost	detached
petrified	impatient	outraged	mystified	distant
scared	irritated	resentful	perplexed	distracted
suspicious	irked	AVERSION	puzzled	indifferent
terrified	EMBARRASSED	animosity	torn	numb
wary	ashamed	appalled	PAIN	removed
worried	chagrined	contempt	agony	uninterested
SAD	flustered	disgusted	anguished	withdrawn
depressed	guilty	dislike	bereaved	DISQUIET
dejected	mortified	hate	devastated	agitated
despair	self-conscious	horrified	grief	alarmed
despondent	FATIGUE	hostile	heartbroken	discombobulated
disappointed	beat	repulsed	hurt	disconcerted
discouraged	burnt out	TENSE	lonely	disturbed
disheartened	depleted	anxious	miserable	perturbed
forlorn	exhausted	cranky	regretful	rattled
gloomy	lethargic	distressed	remorseful	restless
heavy hearted	listless	distraught	VULNERABLE	shocked
hopeless	sleepy	edgy	fragile	startled
melancholy	tired	fidgety	guarded	surprised
unhappy	weary	frazzled	helpless	troubled
wretched	worn out	irritable	insecure	turbulent
YEARNING		jittery	leery	turmoil
envious		nervous	reserved	uncomfortable
jealous		overwhelmed	sensitive	uneasy
longing		restless	shaky	unnerved
nostalgic		stressed out		unsettled
pining				upset
wistful				