*Is your professional life WASTED right now? Ask yourself these six questions.*

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|  | **Big Question** | **What’s your answer?** |
| **W** | **Who are you?** Brainstorm a list of identities, skills, attributes that make you “you”. |  |
| **A** | **Has your career Atrophied?** Name at least five dimensions of your professional life (challenging work, pay, colleagues, etc.) and rate your satisfaction with each one on a 1-5 scale. |  |
| **S** | **Security.** Identify all your income streams in the past 12 months including the amount of money earned in each one. How many eggs are in each basket? |  |
| **T** | **Time.** Write out an hour-by-hour schedule for yourself for the past week. How much time do you invest in your employer? How much in yourself? |  |
| **E** | **Earning.** What do **you** want to be earning? What would that additional money allow you to do? |  |
| **D** | **Doldrums.** How excited were you to go to work yesterday? In the past month, what rough percentage of days were you happy about work? |  |