

# Numerology: Personal Years

Even without someone's birthtime or birthplace, we can calculate what sort of year they're having and what their setpoint is for experiencing their world using numerology. Add your birth month and birth day to the CURRENT year to calculate your personal year number, and try it for those closest to you... or even famous people! There are so many fascinating patterns to track!

**1 YEAR:** New beginnings, assertive energy, planting seeds, setting the tone for the next 9 years.

**2 YEAR:** Receptive energy, "abort or knit booties" for the seeds planted last year, emotional, doubting.

**3 YEAR:** Manifestation based on how well those seeds were nurtured; creative celebration, social.

**4 YEAR:** Hard work, focus, drive, rolling up the sleeves and making stuff happen.

**5 YEAR:** Rebellion, play, reckless and free; a year of adventure and a hunger for freedom.

**6 YEAR:** Domestic year focused on house and home, family, your health, making needed repairs.

**7 YEAR:** Going inward, turning spiritual, isolating to connect more deeply, building courage.

**8 YEAR:** The butterfly emerges, a power year [yours or power used against you], a year of being seen.

**9 YEAR:** Time to end what needs not come into the next cycle; declutter, end relationships, prune, clarify, and reset.

# Numerology: Birth Numbers

Now we'll turn to your birth number, which you'll notice has significant alignment with the personal years on the previous page. For this, we use your birth month, birth day, and birth year, adding all of 'em down to a single digit. Track patterns in your own life and get curious about others.

**1 BIRTH NUMBER:** Great at starting things [maybe not great at finishing 'em], assertive, eager, confident.

**2 BIRTH NUMBER:** Nurturing, possibly doubtful about braver things, emotional, possibly intuitive.

**3 BIRTH NUMBER:** Creative, social, connected to your community and network. Good at manifesting.

**4 BIRTH NUMBER:** Hard worker, diligent, focused, literal, pragmatic, an empiricist.

**5 BIRTH NUMBER:** Playful, fun-loving, confident life of the party, happy in the spotlight.

**6 BIRTH NUMBER:** Domestic, family/home focused, aligned with daily tasks more than the big picture.

**7 BIRTH NUMBER:** Spiritual, introverted, fascinated with psychology, philosophy, and deeper meaning.

**8 BIRTH NUMBER:** Bold, confident magnet for attention. Natural leader, powerfully in the public eye.

**9 BIRTH NUMBER:** Wise, detached [or overly-attached] to "stuff," calm, balanced.