WHILE YOU HOMESCHOOL

- 1. Create a fun schedule just for you.
- 2. Invest in relationships.
- 3. Include an exercise routine to increase endorphins.
- 4. Build into your interests.
- 5. Create your own homeschool community.
- 6. Create intentional feel-good moments with your kids.
- 7. Spin the boring stuff.
- 8. Foster new friendships.
- 9. Enable date night with your partner.
- 10. Create music playlists for different daily activities.
- 11. Schedule coffee dates with yourself.
- 12. Do something novel regulally.
- 13. Think outside the subject learning box.

