

HOW WELL DO I KNOW YOU?

Answer the following 35 questions to see how well you know your partner. Once you answer the questions, discuss your answers with one another to see how you did. This should be a fun exercise with the goal of just learning more about one another.

1. What is stressing out your partner most right now?

2. How does your partner spend most of his/her time?

3. Who was your partner's closest childhood friend?

4. What are some things on your partner's bucket list?

5. What is your partner's favorite music?

6. What is one of the most pivotal moments in your partner's life?

7. What does your partner feel the most insecure about?

8. What would your partner do with the money if he/she won the lottery?

9. What is your partner's favorite meal?

10. What kind of books does your partner like?

11. What is one of your partner's sexual fantasies?

12. What is your partner's most painful life experience?

13. What kind of work would your partner like to do if he/she wasn't in this current job?

14. What is your partner's biggest life regret?

15. What was your partner wearing when you first met?

16. Where was your partner born?

17. What is your partner's favorite leisure activity?

18. What is your partner's favorite restaurant?

19. Who is your partner's current best friend?

20. What does your partner eat for breakfast most mornings?

21. What is one of your partner's main life goals?

22. What is something your partner doesn't like about himself/herself?

23. What is your partner most proud of?

24. Which member of your partner's extended family is he/she closest to?

25. What does your partner think about the most?

26. What is one of your partner's happiest childhood memories?

27. What are your partner's religious or spiritual beliefs?

28. How does your partner feel around his/her parents?

29. What does your partner value most in life?

30. What kind of gift would your partner love to receive?

31. What does your partner prefer to do on New Year's Eve?

32. What is your partner's favorite vacation spot?

33. What does your partner love most about you?

34. How does your partner feel about surprise birthday parties for him/her?

35. What does your partner need most from you in your relationship?

How many questions did you get correct about your partner?



How many did your partner get correct about you?



What were some new things you learned about your partner that you didn't know previously?

How did this exercise make you feel about your partner?

NOTES

