

PERSONAL STATEMENT 1

Read the following personal statement and think about the strengths and the weaknesses. Note down your ideas.

I am going to apply Psychology because I want to be a psychologist as my career in the future. I would like to investigate more about different areas of human life, able to better understand why human have different behavior and action, to understand why we think like that. At the same time, I think that I can improve myself such as I can improve my personality, or even my mental health through studying Psychology.

I am interested in understanding the human behavior because human is mysterious in my opinion. Different people have their own personalities, thinking and also they will have different behavior when contacting with different events. For instance, different people will do different kinds of things when they are unhappy such as they may shopping, chat with friends, or keep it on their heart.

However, Psychology is the study of internal mental processes, biological mechanisms, which are related to behavior, and also with the relationship between social and development context and human's action. In addition, it also considers how to assess the individual difference between people, and considers abnormal and clinical aspects of psychology. I can have an opportunity to learn and become professional. So, Psychology becomes my target subject and my goal.

In Psychology, there are some skills, which are important for study or even career such as researching skills, analysis skills, communication skills, effective team working skills, interpersonal skills, reasoning and problem solving skills and others I.T skills. Some of these skills have been learnt before through different activities.

For example, when I was studying college in my country, I was the committee of Youth Club and Student Activity Association in Secondary3 and Secondary 4 respectively. I have organized a number of activities such as Junior Training Programme, which is organized for form.1 to form.3 students and some community services. Through these activities, I developed my team working skills due to the cooperation with other schoolmates, also with the communication skills and interpersonal skill. In addition, problem solving skill have also been developed since there were many problems need to be solve when organizing an activity, for instance, the difference between people's opinions and some urgent events.

Other skills like researching skill, analysis skill and I.T skill, will be learnt in University Preparation Year at EF. In this year, I will try my best to learn and practice these skills. Also, I will enhance the skills, which I have learnt before, in order to reach the requirement of psychology and be successful in this course.

On the other hand, in the foundation year, I am going to study Psychology and Bioscience as my selective subjects because these two subjects are related to the degree of Psychology at university.

In my future, I wish to write books, which are about Psychology. I want to share the cases that I have seen with some related theories to the public. I have this idea because I want to tell the public Psychology can also be familiar, not only for the professional and let the public know more about Psychology.